

Quarantine Activities

1. Morning Bible time
2. Color Scavenger Hunt (Bring me an item of a color or sort toys by color)
3. Bake together
4. Dye Easter eggs (We use Kool-aid packets to avoid the vinegar smell!)
5. Practice measuring using steps
6. Dance parties/Flashlight dance parties
7. Use sponges or Q tips to paint
8. Trace letters with Q tips and paint
9. Practice matching letters in name using post it notes
10. Decorate paper Easter eggs
11. Play go fish
12. Go Noodle website (We love Maximo!)
13. Exercise videos (We currently love Cosmic Kids Yoga – they do stories to different yoga stretches)
14. “Wash” toys in a bin of water & soap
15. Obstacle course around the house
16. Build a fort and watch movies/read books inside
17. Use blocks to practice making patterns
18. Trace name with different colors
19. Tea party with stuffed animals
20. Sidewalk chalk
21. Practice a new chore (folding laundry, clearing table, etc. You can google age appropriate chores)
22. Playdoh
23. Bubbles – my kids love dancing with the bubble machine going
24. Board games (feel free to play them differently or use the pieces for different purposes if your kids are too young to follow the rules yet)
25. Paint rocks to decorate the garden
26. Tape off a square on the floor and sprinkle crackers/small toys for them to sweep into the square with a toy broom
27. Put paint in a ziplock bag and tape shut. Practice letters or just “draw” in the paint through the bag – mess free!
28. Match #'s using post it notes – write them on a sheet of blank paper and then also on the post it notes and have them match them and identify
29. Nature walks – have a list of things to look for
30. Listen to different bird sounds
31. Penny walk (flip a penny at each corner and go right for heads and left for tails)
32. Use a lump of play doh to hold up 2 pieces of spaghetti and slide cheerios onto spaghetti (great fine motor practice!)
33. Pinterest toilet paper crafts – as you empty those rolls, keep them and use them!
34. Meal planning – my daughter is loving getting involved in choosing our meals and helping to make them

